

SPINE PATIENT HISTORY FORM

Name _____ Age _____

Occupation _____ Date _____

1. What date (roughly, at least) did your present pain start? _____

2. Mechanism of pain onset:

- | | |
|------------------------------------|--|
| <input type="checkbox"/> Suddenly | <input type="checkbox"/> Injured at work |
| <input type="checkbox"/> Gradually | <input type="checkbox"/> Auto accident |
| <input type="checkbox"/> Lifting | <input type="checkbox"/> Hit in back |
| <input type="checkbox"/> Twisting | <input type="checkbox"/> Sports |
| <input type="checkbox"/> Fall | <input type="checkbox"/> No apparent cause |
| <input type="checkbox"/> Bending | |
| <input type="checkbox"/> Pulling | |

3. What activities make the pain worse?

- | | |
|--|---|
| <input type="checkbox"/> During exercise | <input type="checkbox"/> Bending forward |
| <input type="checkbox"/> After exercise | <input type="checkbox"/> Bending backward |
| <input type="checkbox"/> Sitting | <input type="checkbox"/> Coughing |
| <input type="checkbox"/> Standing | <input type="checkbox"/> Sneezing |
| <input type="checkbox"/> Walking | |

4. What reduces your pain?

- | | |
|---|---|
| <input type="checkbox"/> Lying down | <input type="checkbox"/> Pain pills |
| <input type="checkbox"/> Sitting | <input type="checkbox"/> Muscle relaxants |
| <input type="checkbox"/> Standing | <input type="checkbox"/> Aspirin |
| <input type="checkbox"/> Walking | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Manipulation | <input type="checkbox"/> Nothing |
| <input type="checkbox"/> Physical therapy | |

5. How long have you had any back pain? _____ years _____ months _____ weeks

How long have you had any leg pain? _____ years _____ months _____ weeks

6. Have you had any diagnostic studies other than x-rays? yes no

Have you had a CAT scan?	<input type="checkbox"/> yes	<input type="checkbox"/> no	Date _____
Have you had the myelogram?	<input type="checkbox"/> yes	<input type="checkbox"/> no	Date _____
Have you had an EMG?	<input type="checkbox"/> yes	<input type="checkbox"/> no	Date _____
Have you had an MRI scan?	<input type="checkbox"/> yes	<input type="checkbox"/> no	Date _____

7. Have you been in the hospital for your back problem? yes no

Number of times _____ Dates _____

8. Have you had neck or back surgery? yes no

Number of times _____ Dates _____

9. Have you been in the hospital with other medical problems? yes no

Number of times _____ Describe _____

10. Please list current medications _____

11. Do you take antacids? yes no

12. General medical problems:

Stomach problems, ulcer, etc.

Diabetes

Arthritis

Gout

Sexual difficulties

Bowel or Bladder

Cancer

Heart

Epilepsy

Other _____

Loss of weight

13. Allergies? yes no Please list _____

14. Do you smoke? yes no How much? _____

15. Do you drink alcoholic beverages? yes no How much? _____

16. What other types of doctors have you seen for this condition? _____

17. Do you want a report sent to your attorney? yes no I have no attorney.

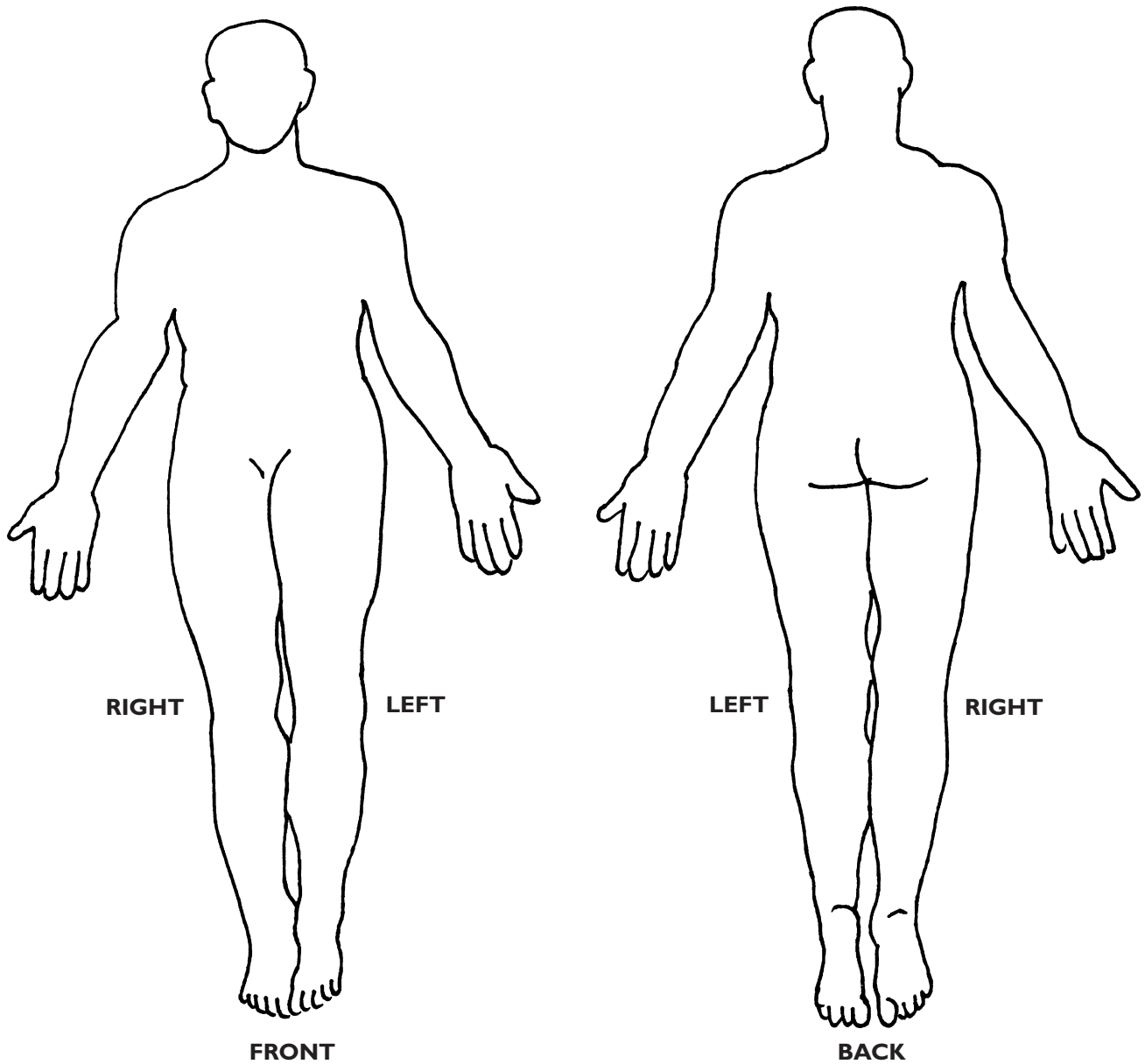
18. Do you have any additional information which would be helpful to understand your problem?

19. If you were referred by a previous patient, would you be willing to share their name with us so we can acknowledge them? Patient's name: _____

Where is your pain now?

Mark the areas on your body where you feel the described sensations. Use the appropriate symbol. Mark areas of radiation. Include all affected areas. Just to complete the picture, please draw in your face.

AAAA AAAA	Ache	OOOO OOOO	Numbness	==== ====	Pins & Needles	XXXX XXXX	Burning	//// ////	Stabbing
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Please mark on the line:

How bad is your back pain now?

No pain |-----| Worst possible

How bad is your leg pain now?

No pain |-----| Worst possible